



SMART DREAMS HOME Overview

Dreams And Success Homes (DASH) SMART DREAMS HOMES allow young adults who have been through trauma the opportunity to build their dreams, establish independence, & create financial freedom. While living in our homes, our tenants are required to engage in our Foundation programs that educate, develop, & support their personal and professional growth and allow their DREAMS to be transformed into success stories. Young adults' length of stay in our homes varies, but most can expect to spend time (12 - 18 months) living in Phase 1 of our community completing the DASH 2 Independence (D2I) Program, led by our Foundation. While participating in D2I with us, they can expect to learn how to be independent in 5 areas:

1. D – Driver: The young adult is in control
2. R – Relationships: The young adult circle of influence matters
3. E – Education: The more the young adult knows, the more they can achieve
4. A – Accountability: Young adult is responsible for their choices
5. M – Motivation: Young adults must know how to push through it
6. S – Spirituality: Life is bigger than the young adult and just experiencing every day with no purpose

Home Overview & Included Amenities

- Shared Home with 3 other young adults (Everyone has their own room)
- Shared Bathroom (Some of the time)
- Shared Common Areas
- Utilities & Internet Included
- Washer & Dryer Included
- Personal Success Coach (Includes weekly scheduled sessions)
- SMART DREAMS Dinner Sessions (Dinner provided 1x a week by Home)
- Life Skills Workshops (Hosted by Transition Specialist & Community Partners)
- Transport Support (Available upon limited request. Public Transportation is FREE)
- No Pets (Unless participating in mental health services and pet is approved as a therapeutic service animal)

Support Services offered in our SMART DREAMS HOME through DASH Foundation include:

- Mental Health
 - Crisis Support (24/7)
 - Group Therapy (1 hr weekly)
 - Life Coaching (3-5 hrs weekly)
- Social-Emotional Development

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- Behavior Modification Development Trainings
 - Rewards & Incentives Program
 - Educational Support
 - GED Prep
 - Tutoring
 - College Prep & Enrollment Support
 - Career Readiness & Development
 - Resume Development
 - Presentation & Communications Training
 - Entrepreneurship Training
 - Leadership Training
 - Identification Documents Retrieval & Management
 - Birth Certificate
 - Social Security Card
 - Driver's License and/or State ID
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 - Birth Certificate
 - Transportation Support
 - Bus Passes
 - Uber/Lyft Credits
 - Transportation Assistance upon requested appointment
 - Health & Wellness Training
 - How to eat/shop healthy
 - How to store and prep food
 - How to manage medical appointments
 - How to manage health insurance
 - Additional Services
 - Community Service Opportunities
 - Community Networking

Eligibility Requirements

1. Must be 18 - 23 years old
2. Must have a dream with goals to accomplish it
3. Must have proof of income to cover room & boarding rates
4. Must have a State Identification Card

Expectations

1. Complete and sign a SMART DREAMS HOME Agreement
2. Complete and sign a DASH 2 Independence Program Agreement
3. Maintain participation in and living by the DASH Lifestyle:
 - a. An approved career or educational activity for a minimum of 20 hours weekly
 - b. 5 hours of qualified life skill activities weekly (may include developing hygiene and daily presentation habits)
 - c. 5 hours of community service weekly
4. Meet with Success Coach and/or Mentor once a week
5. Participate in Weekly SMART DREAMS Dinner and/or any scheduled House Meetings
6. Develop a Resume within 30 days of moving into the home
7. Develop a Monthly Budget within 7 days of moving into the home
8. Purchase cleaning supplies monthly. If this is not done, you will be charged a monthly fee for a professional service to clean your space of the house every first week of the month.
9. Report anything that needs fixing in the house to your Transition Specialist or Staff
10. Direct all questions and/or concerns of the house to the Transition Specialist and/or Executive Director of Programs.

Program Disclaimer

You waive all legal rights to pursue any legal action against Dreams And Success Homes, Inc. aka DASH, its partners, or any personnel thereof for something that occurs to you in the home by your own doing or choice. If you decide to move out of your living space, you **MUST DO THE FOLLOWING**:

- GIVE A 30 DAY NOTICE to your Transition Specialist and/or House Manager. (Written notice may include an email, text, or hard copy letter.)
- Turn in all house/room keys
- Clean Entire Living Space (Room)
- Take only your belongings



General House Guidelines / Daily Routines

- 1. Housekeeping** – Each resident will maintain their own living areas. This includes sweeping and mopping the floors, cleaning the bathtub & toilet, and so on. Failure to do so will increase your monthly rent. Program Staff may enter and inspect the apartment unit at any time during the program. Residents must thoroughly clean the premises before moving out, and leave all furnishings intact. Residents are responsible for any damage to the apartment or its furnishings. In the building, other chores will be routinely assigned by staff. Garbage pick up times are located within the kitchen area. It must be taken out to the street the night prior.
- 2. Security/Curfew** - You are responsible for making sure your room and the front door are locked anytime you leave the premises. Curfew is 12:00 am, Sunday-Thursday nights. On Friday and Saturday nights, the curfew is 2:00 a.m. The house security system will be activated each night at 12:00 am (unless weekends) and be deactivated each morning at 6:00 am. Employment or a pass is the only exception to this rule. If you are not working past these hours and come in after the set curfew without previous arrangements, you will be given a written warning.
- 3. Staying Away From Home** - You may not stay away from the house for more than 72 hrs without notifying your Housing Manager. If you choose to do so, you will be in breach of your contract and potential dismissal from the program may follow. If you do not return to the house to collect your items, they will be packed up respectfully and stored at the local DASH Office.
- 4. Guests** - Visiting hours are from 9am - 9pm; unless approved by the Transition Specialist. Residents guests must follow the same rules as residents. You are responsible for supervising them at ALL times. They are NOT ALLOWED to spend the night. If a guest breaks the rules, gets in trouble with the law, and/or damages any property within the apartment, the responsibility is on the current resident.
- 5. Smoking** - Absolutely no smoking permitted inside the home at ANY TIME. If you do smoke on the property, there are designated areas outside for you to use. DO NOT throw any tobacco products on the ground. Use proper ashtrays or trash.
- 6. Hygiene** - All residents need to be clean and presentable on site.
- 7. Alcohol/Drugs** - Underage residents are not allowed to use alcohol. Illegal drugs or misuse of prescription drugs either on or off the property while residing in DASH Transitional Housing Program is considered a major violation of this rule and may result in immediate termination from the program.
- 8. Physical/Verbal Abuse** - Physical and verbal abuse is not allowed. If you are having difficulty with how you deal with negative feelings, ask for assistance to help you learn better coping skills. There is also 0 tolerance for bullying.

- 9. Dress Code** – Residents need to dress appropriately at all times when outside the living quarters: reasonable length shorts and undergarments. You may wish to ask staff for guidance regarding your attire when preparing for a job search.
- 10. Meetings** – There is one weekly scheduled required meeting while participating in Dreams And Success Homes, Inc. Transitional Housing Program. You must complete your smart goals during the meeting. In addition, at least one weekly 1:1 meeting/discussion with your Life Coach which is assigned to you by the Transition Specialist.
- 11. Animals** – No pets of any kind are allowed. No strays can be brought into the home or fed.
- 12. Thermostats** – Thermostats will be kept within the following guidelines. Air conditioning, Not below 73 degrees. Heat, not above 71 degrees.
- 13. Personal Property & Vehicle** - Each resident is responsible for all personal belongings. If you have a vehicle, it must be in working order with the proper tag, registration, & insurance. The proof will need to be provided every 6 months to your Transition Specialist.
- 14. House Common Areas** - While in common areas, you agree to be fully clothed. This includes your children & guests.
- 15. Community Environment** - You agree to respect the community surrounding the property and to not be engaged in any illegal activity while residing in DASH Transitional Housing Program.
- 16. Cooking/Eating** - When you are cooking, please ALWAYS stay in the area of the stove. Please always try to eat ONLY in the kitchen and/or the dining room table. when possible. Eating all over the house allows bugs to enter and will cost you additional \$ if your room has to be sprayed by a professional. Also, DO NOT eat anyone else's food in the house without permission.
- 17. Illegal Activity** - Absolutely no use of, carrying, or keeping of firearms & weapons within the home at ANY time. There is also NO gambling on the property.
- 18. Emergency Personnel** - Notify your housing director in the event that any Emergency Personnel, Fire Department, Police, and/or EMS are called to the premises
- 19. House Roommates** - You are expected to respect all of your peers living in the house with you. If you have any issues with one of them and an issue cannot be resolved, you will need to report it to your housing manager.
- 20. Miscellaneous** - No open flames in the home. Such as candles, grills, etc.



H - Be Honest

Being honest with yourself and the current reality where you're beginning is important when beginning your journey to success. How does the home feel where you're living? How much money does it cost to live your current lifestyle? Are you giving every day the best you got? In our DASH Homes, we are honest with one another so that we may grow and hold one another accountable to be our best.

O - Be Open

To grow and be the best we can be, we must be challenged and tested. No matter if the experience you're having in life is good or bad, we will always be open with one another. Be vulnerable, we are not here to judge you, only to help you fulfill your dreams.

M - Be Motivated

Why are you living in our home? What does "Success" look like for you? These are important questions that we will reflect on daily and utilize to push you to your full potential. Life's challenges often feel like they are never-ending, so we will help you find out your "WHY" so that "resilience" becomes a second nature tool.

E - Be Educated

We are not speaking in the phrase you're normally used to..."Go to college"! Nope! We are speaking of day-to-day education on the necessities it takes for you to be successful, happy, and fulfilled. Every day is a day to grow, learn, and be better. We will hold one another accountable to learn what we do not know if something affects us negatively or prevents us from reaching our maximum potential.



Referral Form

Please complete all of the information below accurately. It is important to use the Dreamer's (Young Adult) most recent information to complete this form. Please contact the Executive Director of Programs at moniece@thedashfoundation.org if you have any questions. We look forward to speaking with you!

NOTE: IF DREAMER IS UNDER 18, THIS FORM MUST BE COMPLETED BY A CASE MANAGER OR CURRENT GUARDIAN.

Referring Party Information

Today's Date		How did you hear about us?	
Full Name		Agency Name	
Address		State	Zip
Office Number	Mobile Number	Email	

Dreamer Information

First Name		Middle Name	Last Name	
Street Address		City	State	Zip
Main Phone	Other Phone	Email		

 Birthday

Social Security Number

Identification Number

Which of the following original documents does the Dreamer have? <input type="checkbox"/> Birth Certificate <input type="checkbox"/> Social Security Card <input type="checkbox"/> Identification Card		Does Dreamer have a valid driver's license? <input type="checkbox"/> Yes <input type="checkbox"/> No
Previous Failed Placements?	If so, why?	
Please explain known behaviors / Occurrences (Truant, Violent Behavior, Verbally Abusive, Suspension / Expulsion, Runaway, Crossover, Probation / Diversion, Curfew, Other, etc.)		
How much supervision does the Dreamer need and why? (Rate 1 - 5)		Move-In Date
What DASH Housing Program is the Dreamer wanting to live in? (Must Pre-Qualify) <input type="checkbox"/> SMART DREAMS (17 & under) <input type="checkbox"/> DASH 2 Independence (Transitional Housing) <input type="checkbox"/> DASH 2 Freedom (Affordable Housing)		
What program does the young adult currently qualify for? (Source of Income) <input type="checkbox"/> Aftercare Services <input type="checkbox"/> Extension of Foster Care (EFC)	<input type="checkbox"/> Post-Secondary Education Support & Services <input type="checkbox"/> Other _____	

Dreamer Demographic Information

Gender <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other	LGBT <input type="checkbox"/> Yes <input type="checkbox"/> No	Marital Status <input type="checkbox"/> Single <input type="checkbox"/> Married	Do you have kids <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, how many? _____
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<p>Hispanic or Latino Ethnicity?</p> <p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>	<p>Race</p> <p><input type="checkbox"/> American Indian or Alaska Native</p> <p><input type="checkbox"/> Asian</p> <p><input type="checkbox"/> Black or African American</p> <p><input type="checkbox"/> White</p> <p><input type="checkbox"/> Other</p>	<p>Primary Language</p> <p><input type="checkbox"/> English</p> <p><input type="checkbox"/> Spanish</p> <p><input type="checkbox"/> Other</p>
<p>Special Needs</p> <p><input type="checkbox"/> Alcohol Abuse</p> <p><input type="checkbox"/> Developmental Disability</p> <p><input type="checkbox"/> Domestic Violence <i>Restraining Order</i></p> <p><input type="checkbox"/> Yes</p> <p><input type="checkbox"/> No</p>		<p><input type="checkbox"/> Drug Abuse</p> <p><input type="checkbox"/> HIV/AIDS</p> <p><input type="checkbox"/> Mental Illness</p> <p><input type="checkbox"/> Physical Disability</p> <p><input type="checkbox"/> Other _____</p>

Educational & Career Support (DREAM)

Please choose which path(s) the Dreamer will follow?

<p>Education</p> <p><input type="checkbox"/> HS/GED</p> <p><input type="checkbox"/> Community College</p> <p><input type="checkbox"/> University</p> <p><input type="checkbox"/> Technical College</p> <p>What School? _____</p> <p>_____</p>	<p>Career</p> <p><input type="checkbox"/> Part-Time Job</p> <p><input type="checkbox"/> Full-Time Job</p> <p><input type="checkbox"/> Full-Time Internship</p> <p>What Career? _____</p> <p>_____</p>	<p>Entrepreneurship</p> <p><input type="checkbox"/> Start A For-Profit Business</p> <p><input type="checkbox"/> Start a Non-Profit</p> <p>What Type? _____</p> <p>_____</p>
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Health & Wellness Support

Please provide which area(s) the Dreamer needs support in?

<p>Mental Wellness</p> <p><input type="checkbox"/> Therapy</p> <p><input type="checkbox"/> Group Therapy</p> <p><input type="checkbox"/> Emotional Control</p> <p><input type="checkbox"/> Other (Explain Below)</p>	<p>Physical Wellness</p> <p><input type="checkbox"/> Annual Check-Up</p> <p><input type="checkbox"/> Dental Check-Up</p> <p><input type="checkbox"/> Nutrition & Wellness</p> <p><input type="checkbox"/> Other (Explain Below)</p>	<p>Spiritual Wellness</p> <p><input type="checkbox"/> Self-Identity</p> <p><input type="checkbox"/> Spiritual Development</p> <p><input type="checkbox"/> Spiritual Coach</p> <p><input type="checkbox"/> Other (Explain Below)</p>
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Independent Living Skills Support

Please choose which area(s) the Dreamer needs support in?

<p>Personal Care</p> <p><input type="checkbox"/> Daily Hygiene</p>	<p>Household</p> <p><input type="checkbox"/> Cooking / Nutrition</p>	<p>Social</p> <p><input type="checkbox"/> Impulse Control</p>	<p>Emotional</p> <p><input type="checkbox"/> Emotional Intelligence</p>
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